

Hidden Crimes

Statistics indicate that significant numbers of men experience domestic and/or sexual violence at some point in their life

- 94% of men subject to domestic violence did not think what happened to them was a crime (British Crime Survey - BCS 2000)
- 12% of men have experienced stalking or harassment (BCS 1998)
- The number of gay or bi-sexual men who suffer domestic violence is almost double that of heterosexual men (BCS 2010/11)
- 21 men were murdered by a partner ex/partner in 2010/11. This equates to 1 man every 17 days (BCS 2010/11)
- 5% (800,000) of men have been subject to some form of sexual victimisation in their lifetime (BCS 2010/11)
- About 3% or 1 in 33 men have experienced an attempted or actual rape in their lifetime (Survivors UK 1998)

Male victims, like female victims, may live with the abuse for years before they tell anyone or seek help

How can we help?

You may experience a range of feelings such as shock, disbelief, denial, embarrassment, shame, guilt, depression, powerlessness, fear, anger or anxiety.

The MEN2 service can:

- provide specialist support, information and guidance
- liaise with other agencies, services and support groups such as the police and criminal justice system
- provide emotional and practical support
- listen to you
- explain criminal and civil remedies
- explore housing options
- support you through the criminal justice system
- look at risks and help you develop a safety plan

The support you will receive will be confidential.

Men have the right to live without fear of violence or abuse

Information for family & friends

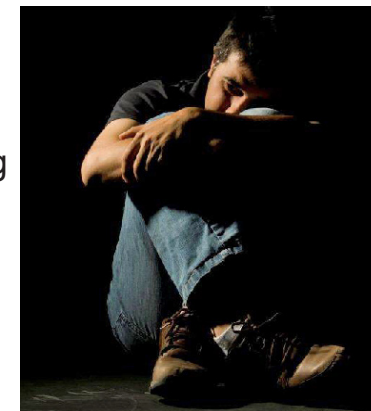
This service is unique within PDVS in that we also aim to provide support to the family and friends of men who have been raped/sexually assaulted.

It is important to be aware of how it affects you - you may need support to come to terms with your own feelings.

What you should do is believe what he tells you and believe that a man can be a victim of domestic and/or sexual violence. Do not judge him.

You may want to protect your loved one. Do not confront the perpetrator. Allow him to decide what he wants to do.

You can help by signposting to PDVS or other support services.



Men who have experienced domestic and/or sexual violence are **not** weak. It takes great courage and strength to tell someone and seek help

Domestic violence isn't just physical violence, it can be actual or threatened abuse by a partner, ex-partner or family member. Men can be raped by someone known to them or a stranger. Abuse could include:

Physical Abuse

punching, kicking, slapping, hitting, pulling hair, biting, burning, choking

Emotional Abuse

being verbally abused and humiliated, being constantly blamed for things, being put down in front of others, being kept away from family or friends

Harassment

being watched, followed, pestered, unwanted letters or text messages, phone calls, messages sent through other people

Economic abuse

being kept without money, having wages/benefits/pension taken from you, having to account for everything you spend

Sexual abuse

rape/attempted rape, being forced to watch or act out pornography, being spoken to in sexually degrading ways, feeling you can't say no, unwanted touching

Domestic Violence & Sexual Violence are unacceptable

Contact us

Please call the helpline for more information or to access our services.

Or email: men2@pdvs.org.uk

website: www.pdvs-men2.org.uk

If you are in immediate danger you should call 999

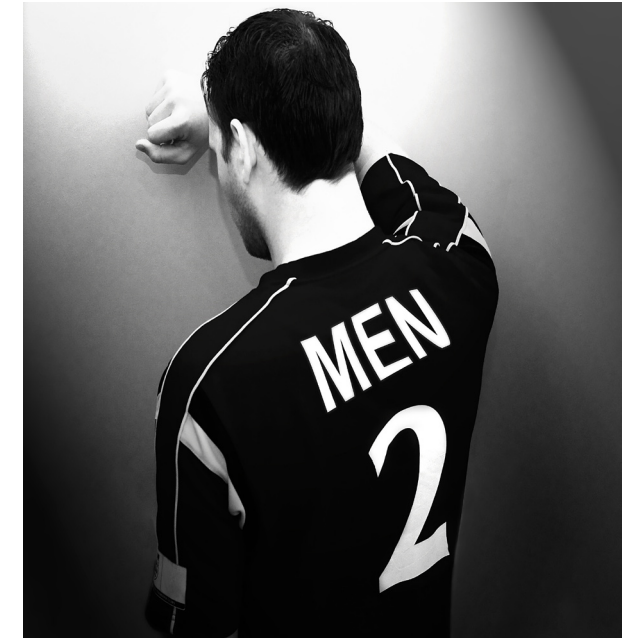
Preston police have a specialist domestic abuse team and sexual assault team.

**24 hour Helpline
01772 201 601**

Anyone can be a victim of domestic and/or sexual violence. We support men in heterosexual and same sex relationships regardless of race, ethnicity, culture or disability



Preston Domestic Violence Services



**Specialist Support for
Men affected by
Domestic and/or
Sexual Violence**

MEN2 is a confidential service

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